



Essential Training Solutions Ltd

VTCT Level 3 Certificate AC30407 Anatomy, Physiology and Pathology for Complementary Therapies

Please find below recommendations on the best way to progress with your online course.

- Take a section of the tutorial.
- Take the appropriate self assessment(s) at least twice. The questions are drawn from pools and you can take them any number of times.
- If you are consistently scoring over 85%, attempt the corresponding Essential Knowledge Evidence assessment. If not return to the tutorial to fill the identified gaps in your knowledge.
- When you pass an Essential Knowledge Evidence assessment, print or save it and write a corrective statement against any question for which you did not receive the maximum mark. We will remind you to do this and give you some examples when you take your first EKE.
- We also recommend you take the pathology one system at a time too, ideally after you have taken the anatomy and physiology. Most students find the pathology easier if the appropriate anatomy and physiology is fresh.

Below is a very basic guide to the hours required for each section based purely on their complexity, allowing for the tutorial, self-assessments and EKEs. This does not take into account any familiarity you may have with each, your speed of learning or other personal factors (such as general interest in the subject) which may affect your progress.

Section	Approximate Hours
<i>Introduction (includes Chemistry)</i>	12
<i>Skeletal and Joints</i>	13
<i>Cardiovascular System</i>	12
<i>Lymphatic System (includes Immunity)</i>	9
<i>Muscular System</i>	30
<i>Nervous System (includes Senses)</i>	13
<i>Olfactory (included in Senses tutorial)</i>	3
<i>Skin, Nails and Hair</i>	8
<i>Digestive System</i>	9
<i>Excretory</i>	8
<i>Respiratory System</i>	8
<i>Endocrine System</i>	13
<i>Reproductive System</i>	10
<i>Female Breast (included in Reproductive System)</i>	3
<i>Pathology</i>	30

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